

# ELLIS TRAINING IN CARE

**Contact Details** email: [jane@ellistrainingincare.co.uk](mailto:jane@ellistrainingincare.co.uk)

**Phone:** 07789233016

## **COURSE: Safe Moving and Handling of People**

### **LEARNING OUTCOMES:**

1. State two pieces of legislation and discuss how it relates to their work.
2. Describe the symptoms for back pain and how back pain occurs
3. Demonstrate safe Moving and Handling techniques.
4. Discuss Unsafe Handling Techniques and how they affect Vulnerable Adults.

**TARGET GROUP:** Registered Nurses, Care Staff,

**DURATION:** 1 day or 3 hours