

# ELLIS TRAINING IN CARE

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## **COURSE: Moving and Handling of Loads**

### **LEARNING OUTCOMES:**

1. Understand legislation and how it applies to their work
2. Describe the symptoms of back pain and how back pain occurs
3. Risk assess loads
4. Demonstrate safe moving and handling of loads

**TARGET GROUP:** Ancillary Staff, employees in different industries

**DURATION:** 3 hours

