## **ELLIS TRAINING IN CARE**

**Contact Details** 

email: jane@ellistrainingincare.co.uk

Phone: 07789233016

## **COURSE: Moving and Handling Train the** Trainer

## **LEARNING OUTCOMES:**

- 1. Train staff in the safe ways of moving and handling loads or people
- Understand legislation associated with moving and handling, being able to teach this to others
- 3. Risk Assess moving and handling techniques
- 4. Demonstrate safe moving and handling techniques
- 5. Recognise unsafe techniques
- 6. Plan training for their area of work

7.

TARGET GROUP: Staff involved in training

## **DURATION:** 3 days