

# ELLIS TRAINING IN CARE

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## **COURSE: Challenging Behaviour**

### **LEARNING OUTCOMES:**

1. Define Challenging (Reactional) Behaviour
2. Discover why Challenging (Reactional) Behaviour occurs.
3. Review documentation of Challenging Behaviour
4. Describe 5 stages of Escalating Destructive Behaviour
5. Discuss and practice De-escalation Techniques
6. Practice Self Protection Techniques

**TARGET GROUP:** Registered Nurses, Care Staff, all staff involved in health and social care

**DURATION:** 3 hours

